

## **Curriculum Vitae**

**Christine (Ito) Wood, M.D., F.A.A.P., C.L.E.**

### Education:

University of Detroit, Detroit, Michigan, B.S., Chemistry, 1978

University of Michigan Medical School, Ann Arbor, Michigan, M.D., 1982

### Medical Training:

Pediatric Residency, Children's Hospital of Los Angeles, 1982-1985

Chief Resident, Children's Hospital of Los Angeles, 1985-1986

Lactation Educator Program, UCSD, 1991

### Career:

Emergency room physician, Children's Hospital of Los Angeles, 1985-1989

Pediatrician, Santa Monica, CA, 1987-1990

Pediatrician, El Camino Pediatrics, Encinitas, California, 1981-present

### Board Certification:

Fellow American Academy of Pediatrics, 1987

Certified Lactation Educator, 1991

### Professional Appointments and Committees:

Lactation Task Force Team, Scripps La Jolla Hospital, 1997-present

Medical Advisory Board, USANA, 1998-present

Chairperson, Medical Advisory Board, USANA, 2000-present

Committee of Complementary and Alternative Medicine, Children's Hospital and Health Center, San Diego, 2000-present

Coalition on Children and Weight, San Diego, 2002-present

San Diego State University Research Foundation, pediatric consultant to 5-year research grant on Obesity Prevention in Community Recreation Centers, March 2006-2011

### Publications:

Call Your Pediatrician web site ([www.callyourped.com](http://www.callyourped.com)), 1997

*How to Get Kids to Eat Great & Love It!*, first edition, 1999; second edition, Griffin Publishing Group, 2002

Kids Eat Great web site ([www.kidseatgreat.com](http://www.kidseatgreat.com)), 1999

*The Newborn Care Package* audiotapes, 1999

Guest writer for *Newsweek* magazine (October 2000 issue, special edition, "Your Child")

Guest writer for *Great Life Magazine* (August, 2001, "Safe Supplementing for Kids")

Interview with *Redbook* magazine (January 2001, "Mommy Strategies" column)

Speaker at numerous schools, parent groups and seminars on healthy eating for children;  
at medical conferences on pediatric nutritional medicine

Developer of *Kids Weigh to Go!* program for families with overweight children

